4.4 SPORTS AND YOUTH SERVICES

Introduction

The strength of a society is dependent on collective vitality and well being of the people. Sports is an essential requirement for the holistic development of an individual's personality. Sports teaches the value of teamwork and fair play, and imparts the capacity to treat success and failure alike. Sports imparts to individuals the determination to strive, to seek, to find and not to yield.

Sports have broken and continue to break the social barriers. Sports is truly a leveller. It builds and aims to build discipline and character. It promotes camaraderie and fraternity. Sports have remained with us as a means of health. Sports also mean adventure.

Existing Infrastructure

The Sports Development Authority of Tamil Nadu is an apex body to promote the development of Sports and organise Youth Welfare activities in the State of Tamil Nadu. This pattern is similar to that of the Sports Authority of India.

With a vision to provide modern infra-sports facilities of international standards for sports persons, students and youth, the Jawaharlal Nehru Stadium with synthetic athletic tract, astro turf hockey stadium, Tennis stadium with synthetic surfaces, multi purpose indoor stadium and the aquatic complex were built in Chennai. Besides, the Nehru Park sports complex and two swimming pools are also available in Chennai.

There are 17 out-door stadiums, 3 indoor stadiums, 2 swimming pools in the districts. Construction works are in progress for 3 out-door stadiums and 4 swimming pools in the Districts. Sports infrastructure facilities in 24 Government Schools have been developed utilising central assistance on 50:50 sharing basis. Besides, grants have been availed of for 102 Rural schools for the purchase of sports equipments and development of Playgrounds under the Government of India's one-time financial assistance of Rs.1.5 lakhs for each rural school.

Ninth Five Year Plan Performance

An outlay of Rs. 50 crores was provided in the Ninth Five Year Plan for this sector. Against this, an amount of Rs. 65.85 crores is expected to be spent during the plan, which is around 132 percent of the outlay. The excess expenditure is due to the increased grant provided to Sports Development Authority of Tamil Nadu for its activities and a special grant of Rs. 1.25 crores provided in 1998-99 for the conduct of the National Youth festival.

Recognizing the importance of sports and youth power, the Government created a new Department of Youth Welfare and Sports Development in the Secretariat in April 2000.
### Tenth Five Year Plan

**Objectives**

Sports and Youth Affairs has been a neglected sector in the overall priorities. A new thrust to this sector will be provided during the Tenth Five Year Plan. The focus will be on the following areas:

- Broad basing physical fitness
- Broad basing sports and physical education
- Broad basing talent identification
- Developing sports infrastructure
- Developing excellence among talented sports persons
- Developing competition culture
- Involving Corporate sector in the development of Sports and Youth Activities
- Provision of Coaching to Sports persons and development of Coaching centres
- Promotion of Sports and Physical education among disabled
- Developmental activities for the youth and children

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**Tenth Five Year Plan Proposals**

*Sports Development Authority of Tamil Nadu (SDAT)*

**Broad basing physical fitness**

a) A suitable slogan will be coined to motivate all sections of society towards physical fitness and sports. An aggressive advertisement campaign will be launched at the community level to encourage people in all walks of life through the slogan towards sports and physical fitness.

b) Physical fitness centres will be established in hospitals and public health centres with an initial thrust towards knowledge and fitness which can help prevent serious diseases. Sports person experts, nutrition experts and consultants from Medical colleges will work out the content for such fitness test.

c) Tourism department with the co-ordination of Sports and Youth Affairs department could conduct Tournament / Runs / Games / Adventurous Programmes with local appeal to capture the interest of locals and tourists alike.

d) Yoga will be encouraged in the State.
e) NSS, NCC, Bharath Scouts and Guides, PRIs, PTAs in schools, Alumni associations in colleges and other agencies will coordinate to create an awareness programme in promoting physical fitness.

f) The question of providing employment opportunities for Sports persons who have excelled at national and international level besides reservation of jobs in Uniformed Services and in State PSUs will be considered by the Government.

g) SDAT will develop a Network of all Physical Education Colleges to promote Physical fitness in local areas and to tap the resources.

h) SDAT and the Physical Education Departments in schools and colleges will conduct cross country races to promote fitness (financial commitment Rs.25 lakhs).

i) Trekking, mountain climbing will be encouraged to promote physical fitness and bring about awareness about nature in collaboration with Forest Department (financial commitment Rs.25 lakhs).

Broad basing sports and physical education

a) Physical education could be made a compulsory subject in schools with mechanisms for monitoring through the Director of School Education.

b) Physical education teachers will be provided re-orientation training to develop their skills and upgrade their knowledge.

c) Orientation course in Physical education for the heads of schools to enable them to understand the requirements of physical activity for students (financial commitment Rs.10 lakhs).

d) Inter school competition in sports disciplines viz., fencing, gymnastics, archery, boxing, squash, swimming, triathlon, cycling and hand ball etc., shall be introduced and conducted even with the minimum available infrastructure facilities (financial commitment Rs. 25 Lakhs).

Broad basing talent identification

Talent identification at school level shall be broad based by a battery of tests, which would be implemented in all schools in Standards VI, VII and VIII. These tests complied by experts would help identify students with extraordinary ability and a report card will be issued once in a year to the students. Skill tests for particular games will also be made available to all schools to assist these schools in identifying the talents of students for a particular game discipline. Outstanding boys and girls will be registered in the State level data bank (financial commitment Rs.4 crores - State’s share Rs.1 crore and Centre’s share Rs.3 crores under Sarva Siksha Abhiyan (SSA)).

Developing sports infrastructure

All schools in the State will be graded on the basis of playing facilities. Every school would be required to have a minimum facility of a long jump pit. Physical education colleges, schools and other institutions will open out their facilities to tap local talent in their areas.
a) SDAT will develop a monitoring mechanism to assist Municipalities and Municipal Corporations to develop their infrastructure facilities to promote physical fitness and sports in the area.

b) Universities/Colleges are also eligible for financial subsidy from GOI to construct Indoor stadium/Swimming Pool with a ceiling of Rs.25 lakhs by the GOI. Further they are also eligible to avail subsidy from GOI for installation of synthetic running track/hockey turf with a ceiling of Rs.1 crore per project. Universities and Colleges will be encouraged to avail themselves of the schemes.

c) Government schools are eligible to avail themselves of financial assistance from GOI for development of play fields on 50:50 sharing basis. The Director of School Education will be responsible for moving for GOI assistance. In addition, funds under the Sarva Siksha Abhiyan (on 25 : 75 sharing basis) will be utilised.

d) District sports complexes (DSC) will be developed in the six remaining districts during the Tenth Five Year Plan period (financial commitment Rs. 2.52 crores - State’s share Rs. 0.84 crore and Centre’s share Rs. 1.68 crores).

e) All over the world, athletic events are now being run on synthetic track. The cost of installation of one track is Rs. 2 crores of which the GOI assistance can be availed of in the ratio of 50:50 up to a ceiling of Rs.1 crore per project. In order to develop excellence in athletics, synthetic track will be laid in 4 districts (Madurai, Coimbatore, Trichy and Nagercoil) (financial commitment Rs. 8 crores - State’s share Rs. 4 crores and Centre’s share Rs. 4 crores).

f) To develop hockey, 3 artificial turfs will be provided in 3 districts (Madurai, Trichy and Tirunelveli) (financial commitment Rs. 6 crores - State’s share Rs. 3 crores and Centre’s share Rs. 3 crores).

Developing excellence among talented sports persons

a) An extensive effort towards mapping of individual/team sports will be done throughout Tamil Nadu in order to ascertain the strengths/capabilities/orientations to different sports.

b) SDAT will implement and monitor a *profile oriented approach* with special focus on current champions and assist them on an on-going need basis in specific areas such as nutrition, sports kits, sports medicines, coaching etc., on a case to case basis.

c) Special academies such as High jump schools, Long jump schools etc., will be established in the districts, based on the strength in that particular area (financial commitment Rs. 25 lakhs).

Developing Competition culture

a) Competition helps to promote both physical fitness and sports. A sports calendar will be published prior to the commencement of financial year indicating the dates for several competitions.
b) Monthly events will be held in various sports on pre-determined dates to provide an opportunity for those who are trained to compete with persons who are from other clubs and institutions.

c) Sports Club also plays a vital part in developing Sports and games in a particular discipline with regular and systematic training. Sports Clubs will be encouraged to function throughout the State in different disciplines.

d) A Web site with details of the sports calendar and tournament / competitions conducted by clubs / institutions / sports trust etc. will be created.

Involving Corporate sector in the development of Sports and Youth Activities

The corporate sector will be encouraged to

a) Take up BOT project with SDAT to set up top class playing infrastructure.

b) Conduct competitions and provide employment for deserving Sports persons.

c) Set up sports academies under joint development project scheme.

Providing Coaching to Sports persons and development of Coaching Centres

Coaching has an important role in the development of sportspersons both at the initial stages and at the advanced stage of excellence. Coaches need to be motivated and the skills upgraded frequently in order to ensure that the talents are adequately developed.

a. Short-term duration courses will be made available to coaches / PETs for different disciplines to upgrade their skills.

b. Accreditation system helps the coaches to upgrade themselves constantly and update their knowledge. The simple accreditation system will be worked out to motivate coaches / PETs.

Promotion of Sports and Physical education among disabled

Persons with disability have low physical fitness levels and posture problems often occur among them. Adequate physical fitness will help them. Further, they need special attention in cardio-vascular development by offering activities such as breathing etc. The following programmes are proposed:

a) Networking of institutions that are involved in the education of children with disabilities.

b) Developing a handbook of games appropriate to the different types of disabilities with the assistance of experts in the field together with sports associations who are already involved in this area.

c) Conduct of competitions at District and State level in coordination with Social Welfare Department in such a manner to increase publicity and a sense of acceptance by those who are disabled.
c. All sports medicines’ experts will be networked and their assistance will be availed of to provide advance information in sports medicines, sports injuries etc.

d. The possibility of employing coaches on contract basis / part time basis in the districts will be explored.

Ongoing Programmes

An amount of Rs. 60.65 crores under State Funds has been estimated for the ongoing programmes. The following programmes are to be continued during the Plan:


b) Conduct of Tournaments and Competitions: Catch them young (below 14 years), State Games, Government Servant’s Sports, Cycle race.

c) Incentives and scholarships: CM’s State award, Sports scholarship for High and Higher Secondary Schools and Colleges.

d) Youth Welfare: Open school Sports Meet for rural students and non-students at Block, District and State level, Rural Sports Centre, Sports cum-recreation centres and Youth festivals at District and State level.

e) Sports infrastructure: 5 Model Schools are being maintained. Sports infrastructure is being developed in the districts.

Besides this, an amount of Rs. 21.90 lakhs will be sought under GOI fund and another Rs. 21.90 lakhs will be collected from the Public for providing Sports infrastructure in the districts.

National Service Scheme in Colleges

The Universities and Colleges, technical institutions have 1,24,500 NSS volunteers from the year 2001-02 for regular activities, and 59,125 volunteers for special camping programmes. Every year 10% of the existing strength has to be increased as per the instructions of Government of India. The outlay proposed for this scheme is Rs. 38.93 crores, of which Rs. 16.22 crores is State’s share.

National Service Scheme in Schools is under implementation in Tamil Nadu since 1980. The expenditure is shared by the Central and State Governments in the ratio of 7:5. At present (2001-2002), the number of volunteers in the schools is 62,500. Every year 10% of the existing strength has to be increased as per the instructions of the GOI. The outlay proposed for Tenth Five Year Plan is Rs. 13.01 crores, of which Rs. 5.42 crores is State’s commitment.
Sports and Youth Services

National Service Scheme

National Service Scheme, popularly known as NSS, was launched in 1969 with primary focus on the development of personality of students through community service. Today, NSS has in the country over 17 lakhs student volunteers on its rolls spread over 180 universities and 22 senior secondary councils. So far, more than 1.52 crores students have benefited from NSS activities as NSS volunteers. Due to its overwhelming popularity and demand, the scheme was extended to the students of +2 level in selected institutions.

The National Service Scheme has two types of programmes, viz., "Regular Activities" and "Special Camping Programmes", undertaken by its volunteers. Under 'Regular Activities', students are expected to work as volunteers for two years, rendering community service for a minimum of 120 hours per annum. The activities include constructive work in adopted villages and slums, blood donation, adult and non-formal education, health, nutrition, family welfare, AIDS awareness campaigns, tree plantation, improvement of campuses, etc. Under 'Special Camping Programme', a camp of ten days' duration is conducted every year in the adopted areas. The expenditure is shared by the Central and State Governments in the ratio of 7:5. The activities are common to all the educational institutions.

The following activities are undertaken for the welfare of the villagers through the special camp:

1) Construction of School Buildings
2) Cleaning and whitewashing of Temples and Schools
3) Road cleaning and repair works
4) Supply of drinking water / Sanitary facilities
5) Visiting the houses of the mentally retarded and home for the aged.
6) Imparting literacy to the illiterate people in the villages.

Apart from this, they also popularise the government schemes and take up special projects like wasteland development and rainwater harvesting etc. They were also involved in the bandobust arrangements to conduct the elections.

Sports and Games

The Government of India is sanctioning from the year 1999-2000 to meet the expenses towards TA & DA, cost of prize articles, refreshments for the conduct of District and State level sports and Games for School Education. For the Tenth Five Year Plan period, an amount of Rs. 1.65 crores has been proposed for the above scheme.

Youth Affairs

Youth represent the most vibrant section of the society. They play a pivotal role in socio-economic changes and development of the society. A nation can progress only when the energy of youth is channelised into constructive work.
An amount of Rs. 6.67 crores is proposed for the development of Youth affairs for the Tenth Five Year Plan. The schemes will be implemented by the Directorate of Art and Culture. The programme envisaged for the Tenth Five Year Plan is given in the Table below.

**Table**

*Art and Culture - Tenth Five Year Plan Programme*  
(Rs. in crores)

<table>
<thead>
<tr>
<th>Sl.No.</th>
<th>Name of the Scheme</th>
<th>Tenth Five Year Plan outlay</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Expansion of Jawahar Bala Bhavan activities in all Municipal Towns and Municipal Corporation areas</td>
<td>4.27</td>
</tr>
<tr>
<td>2.</td>
<td>Organising summer camps in all the Districts to develop children talents</td>
<td>1.50</td>
</tr>
<tr>
<td>3.</td>
<td>Organising Special Training in Art for differently abled children</td>
<td>0.45</td>
</tr>
<tr>
<td>4.</td>
<td>Encouragement to three Cultural Institutions at district level</td>
<td>0.45</td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>6.67</strong></td>
</tr>
</tbody>
</table>
**Tamil Nadu Bharat Scouts and Guides**

"The prosperity of a country, after all depends not on the abundance of its revenue, nor on the strength of its fortifications, nor on the beauty of its public buildings but it consists in the number of its citizens who are men of character" - John Stuart Mill

The aim of scouting movement is to develop good citizenship among Boys and Girls by forming their character. Scouting is widely recognized as a value based education movement. The Youth programme of Bharat Scouts and Guides are based on fourteen ideals.

Voluntarism, Scout Law and Promise, outdoor activities, programme training, learning by doing are some of the fundamentals of Bharat Scouts and Guides. Many of its methods and activities have been adopted and adapted by other organisations as well as by the whole process of education. It is an outdoor game for boys and girls led by them and worked by them. The Mission of the movement is to contribute to the education of young people, through a value system based on Scout Promise and Law, to help build a better world where people are self-fulfilled as individuals and play a constructive role in society. This is achieved by:

- Involving them throughout their formative years in a non-formal educational process.
- using specific methods that makes each individual the principle agent in his or her development as a self-reliant supportive, responsible and committed person.
- assisting them to establish a value system based upon spiritual, social and personal principles as expressed in the Promise and Law

The Tamil Nadu Bharat Scouts and Guides is affiliated to the National Association. Boys and Girls are beneficiaries. The Youth Programmes provided in scouting / guiding are different according to the different age groups.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Boys</th>
<th>Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 years + to 6 years</td>
<td>Bunnies</td>
<td>Bunnies</td>
</tr>
<tr>
<td>5 years + to 10 years</td>
<td>Cubs</td>
<td>Bulbuls</td>
</tr>
<tr>
<td>10 years+ to 18 years</td>
<td>Scouts</td>
<td>Guides</td>
</tr>
<tr>
<td>16 years+ to 25 years</td>
<td>Rovers</td>
<td>Rangers</td>
</tr>
</tbody>
</table>
Adult leaders are classified as (i) Scouters / Guiders, (ii) Trainers and (iii) Commissioners. This movement also admits subscribing members under its fold. At present, the following units are functioning:

<table>
<thead>
<tr>
<th>Type</th>
<th>Units</th>
<th>Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cubs</td>
<td>39</td>
<td>974</td>
</tr>
<tr>
<td>Bulbul</td>
<td>61</td>
<td>1338</td>
</tr>
<tr>
<td>Scouts</td>
<td>2537</td>
<td>80029</td>
</tr>
<tr>
<td>Guides</td>
<td>959</td>
<td>18184</td>
</tr>
<tr>
<td>Rovers</td>
<td>25</td>
<td>3995</td>
</tr>
<tr>
<td>Rangers</td>
<td>9</td>
<td>161</td>
</tr>
</tbody>
</table>

State Government provides necessary funds for the Scout Movement. (No funds are provided for the State Organisation by the GOI). During the Tenth Plan, effective measures will be initiated to enrol more boys and girls under the fold of Bharat Scouts and Guides.

It is proposed to train adult unit leaders (teachers), to conduct annual summer camps in districts and to enhance the amount for Testing Camps for Rajya Puraskar (State Award). An amount of Rs. 2 crores is proposed at the rate of Rs. 0.40 crore per year for the activities under Scouts and Guides for Tenth Five Year Plan period as follows:-

<table>
<thead>
<tr>
<th>(Rs. in crores)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Maintanace Grant</td>
<td>0.04</td>
</tr>
<tr>
<td>Training of adult tenders (teachers)</td>
<td>0.20</td>
</tr>
<tr>
<td>Annual Summer Camps</td>
<td>0.06</td>
</tr>
<tr>
<td>Qualitative improvement</td>
<td>0.10</td>
</tr>
<tr>
<td>Total</td>
<td>0.40  per annum</td>
</tr>
</tbody>
</table>

**National Cadet Corps (NCC)**

National Cadet Corps came into existence from 16.7.1948 under the National Cadet Corps Act (NO.XXI of 1948) enacted by Parliament. The Motto of NCC is Unity & Discipline. The aims of NCC are:

a) To develop qualities of character, courage, comradeship, discipline, leadership, secular outlook, spirit of adventure and sportsmanship and the ideals of selfless service among the youth to make them useful citizens.

b) To create a human resource of organized, trained and motivated youth, to provide leadership in all walks of life including the Armed Forces and always available for the service of nation.

c) To create suitable environment to motivate the youth to take up a career in the Armed Forces.

Induction into NCC is on voluntary basis and students both boys and girls can join in Junior Division / Junior Wing (Class VII to IX) and in Senior Division / Senior Wing from College level.
The functioning of the NCC is the responsibility of the Centre as well as the States. There are two committees constituted for this purpose viz.,

a) Central Advisory Committee
b) State Advisory Committee

The NCC activities include institutional training, community development / social service activities, youth exchange programmes, sports and adventure. At present, there are 51 NCC units functioning in Tamil Nadu. 221 colleges and 672 schools have NCC. The number of companies at the college level is 131 and the number of NCC troops at school level is 685. The number of NCC cadets in colleges is 21,511 and in schools 68,389 accounting to 89,900 cadets in Tamil Nadu.

The Government of Tamil Nadu have also provided few incentives for the NCC cadets like:

Sanction of scholarship to 80 senior division and 90 junior division NCC cadets and reservation of one seat in any undergraduate, postgraduate and polytechnic courses in each college / polytechnic institution where NCC is available. Cash incentives are given to cadets for participation in Republic Day / State level camps. Apart from these, reservation of 10 seats in Engineering Colleges and 2 seats in MBBS course in Tamil Nadu for NCC is also provided.

During the Tenth Five Year Plan, the activities of the NCC will be strengthened. An amount of Rs. 0.30 crore is proposed for sanction of scholarships, provision of cash incentives and other activities.

**Tenth Five Year Plan Outlay**

An amount of Rs. 146.11 crores has been proposed for ‘Sports and Youth Affairs’ sector for the Tenth Five year plan, of which Rs. 102.85 crores is State Government’s share. The details are given in Table below.
### Table

**Sports and Youth Affairs - Tenth Five Year Plan Outlay**
(Rs. in crores)

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Department / Schemes</th>
<th>Tenth Five Year plan (2002-07) Outlay</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>State’s Fund</td>
</tr>
<tr>
<td>I</td>
<td>Sports Development Authority of Tamil Nadu (SDAT)</td>
<td></td>
</tr>
<tr>
<td>1.</td>
<td>Conduct of cross country and combinations of races</td>
<td>0.25</td>
</tr>
<tr>
<td>2.</td>
<td>Trekking, Mount Climbing</td>
<td>0.25</td>
</tr>
<tr>
<td>3.</td>
<td>Reorientation course to heads of Schools</td>
<td>0.10</td>
</tr>
<tr>
<td>4.</td>
<td>Inter school competitions</td>
<td>0.25</td>
</tr>
<tr>
<td>5.</td>
<td>Broad basing Talent identifications</td>
<td>1.00, 3.00</td>
</tr>
<tr>
<td>6.</td>
<td>Districts Sports Complexes - 6 districts</td>
<td>0.84, 1.68, 0.84</td>
</tr>
<tr>
<td>7.</td>
<td>Synthetic track in 4 districts</td>
<td>4.00, 4.00</td>
</tr>
<tr>
<td>8.</td>
<td>Artificial Turf- Hockey</td>
<td>3.00, 3.00</td>
</tr>
<tr>
<td>9.</td>
<td>Specialised Academies</td>
<td>0.25</td>
</tr>
<tr>
<td>10.</td>
<td>Ongoing expenditure</td>
<td>60.65, 0.22, 0.22</td>
</tr>
<tr>
<td>Total:</td>
<td>SDAT</td>
<td>70.59, 11.90, 1.06</td>
</tr>
<tr>
<td>II.</td>
<td>Collegiate Education Department-NSS</td>
<td>16.22, 22.71</td>
</tr>
<tr>
<td>III.</td>
<td>School Education Department</td>
<td></td>
</tr>
<tr>
<td>1.</td>
<td>NSS</td>
<td>5.42, 7.59</td>
</tr>
<tr>
<td>2.</td>
<td>Conduct of Sports</td>
<td>1.65</td>
</tr>
<tr>
<td>Total:</td>
<td>School Education</td>
<td>7.07, 7.59</td>
</tr>
<tr>
<td>IV.</td>
<td>Art &amp; Culture Department – Youth Affairs</td>
<td>6.67</td>
</tr>
<tr>
<td>V</td>
<td>Tamil Nadu Bharath Scouts &amp; Guides</td>
<td>2.00</td>
</tr>
<tr>
<td>VI.</td>
<td>National Cadet Corps</td>
<td>0.30</td>
</tr>
<tr>
<td>Grand Total – Sports and Youth Affairs</td>
<td>102.85, 42.20, 1.06</td>
<td></td>
</tr>
</tbody>
</table>